

## A Journey of Self-discovery and Growth

*"If we have dedication, then we can achieve anything." - Meenu*

LEARN  
STUDY  
SUCCESS  
DISCOVERY  
CREATIVITY  
STRATEGY  
REGISTRATION



### BACKGROUND

Meenu, a hardworking and dedicated girl from Samastipur, Bihar, reclaimed her confidence and forged her own path to success with the support of Newgen Digital Discovery Paathshala (NDDP).

Meenu calls Delhi home, where she lives with her parents and three brothers. Her father works hard as a security guard to support the family, and her mother lovingly manages the household. Her eldest brother runs his own store, and her two brothers are focused on their studies.

### ACADEMIC SUCCESS

Meenu began her journey with the NDDP program in the 6<sup>th</sup> grade. Initially, she was hesitant to speak up in class, but eventually the supportive environment created by her peers inspired her and gave her the courage to participate. Over time, Meenu realized that making mistakes is a very natural part of the learning process. This realization helped her gradually gain confidence, and she started expressing herself more openly, actively contributing to class discussions. Her efforts were recognized and she won prizes for participation, which further motivated her to learn, stay curious in life, and strive for excellence.

### OVERCOMING CHALLENGES

Meenu, like many other determined students, faced various hurdles during the COVID-19 pandemic. The shutdown of schools and the financial strain at home could have dulled her academic journey and her connection with the NDDP. However, her resilient spirit kept her moving forward.

When the NDDP shifted to online sessions, Meenu embraced this change with determination. She utilized the tablet and digital resources provided by the NDDP team to complete her 10<sup>th</sup> grade. Furthermore, she continued to explore subjects beyond her textbooks. The program's career counselling sessions also played a significant role, introducing her to new possibilities and helping her refine her aspirations.

### MENTAL HEALTH SUPPORT

Family troubles and academic pressures brought moments of stress and anxiety into Meenu's life. Yet, with warmth and grace, she discovered her strength through NDDP's mental health sessions. These sessions taught well-being practices like meditation and extended support to manage pressure and lighten her load. These sessions empowered her to shift her focus on her personal growth.

### HEADING TOWARDS A BRIGHTER FUTURE

Today, Meenu chases her dream with passion and purpose. A dedicated computer science aspirant, she is currently pursuing her B.Com from Ramanujan College. Her determination and talent guided her to clear the CSEET exam on her very first attempt. Guided by the transformative support and scholarship from NDDP, Meenu is confidently forging ahead, creating future that's filled with possibilities for herself and her family.