

## Breaking the Chains and Defying Stereotypes: A Journey of Empowerment

Yogita, AN NDDP Maargdarshak

*Yogita faced the challenge of conforming to stereotypical family norms, but she emerged out as a champion by choosing a unique career path in language.*



### EARLY EXPERIENCES WITH NDDP: NAVIGATING NEW TERRITORY

Yogita's journey with Newgen Digital Discovery Paathshala (NDDP) started in the sixth grade. Her school's lab sessions opened up a new world of technology and sparked her curiosity.

### COVID AS A BLESSING IN DISGUISE – LANGUAGE EXPLORATION

Yogita's time in the school lab opened her eyes to the world of technology. The lab's vibrant environment fuelled her exploration of potential career paths. Beyond the school gates, her curiosity grew during the COVID lockdown as she delved into videos in different languages on her tablet, sparking a deep love for Spanish.

### FAMILY AND STEREOTYPES

Having resided in Delhi for two decades, Yogita's family dealt with several financial hardships. Her father's occupation as a driver in a private company and her mother's role as a homemaker underscored their struggles. She has two siblings. Despite being academically strong, Yogita often felt restricted by societal norms that favored her elder brother and gave him more opportunities.

### A TRANSFORMATIVE MEETING WITH MS. PRIYADARSHANI NIGAM

Participation in NDDP sessions proved transformative for Yogita and changed her in more ways than just learning technical skills. A pivotal moment transpired when she crossed paths with Priyadarshini Nigam, the Head of Newgen's CSR, during a school event. Ms. Nigam's narrative of defying societal norms ignited Yogita's imagination, inspiring her to dream boundlessly.

### EMOTIONAL INTELLIGENCE AND PERSONAL GROWTH

The I-Am Well-being Personality development sessions helped Yogita work on her emotional growth. These sessions encouraged self-discovery and instilled in her the determination to overcome societal constraints.

### ACADEMIC PURSUITS: BA HONS IN SPANISH

Yogita earned a merit-based scholarship to pursue a BA (Hons.) in Spanish at the Department of Germanic and Romance Studies, Faculty of Arts. Throughout her college journey, she faced various challenges, including indifferent teachers and navigating a growing social circle. Yogita's pursuit of an honors degree in a foreign language highlighted her academic aspirations. Her commitment to breaking free from traditional gender roles marked her as a changemaker among her peers.

### FUTURE GOAL: INTERPRETER OR TRANSLATOR

Yogita aspires to become an interpreter or translator, breaking gender norms and pursuing her passion. As an NDDP Maargdarshak, she embraced technology, charting her own distinct trajectory and overcoming the societal constraints imposed upon her as a woman.

-By Shweta (CSR)